OHIO ACADEMY of Nutrition and Dietetics

gcda

Greater Cincinnati Dietetic Association

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Jason Roberts, RDN

President's Message

Dear GCDA members,

I hope your 2016 is off to a healthy start. The new year is bringing lots of good news and opportunities to GCDA! First, we are thrilled to have FOUR Ohio Academy of Dietetics (OAND) award winners in our midst. I won't spoil it for you here; *you'll have to go to page 4 to see which GCDA members were honored.*

Next, have you seen the topic for the member meeting on February 17? Michele Macedonio, MS, RD, dietitian for the Cincinnati Reds, will speak on *Fitness and Sports Nutrition for young athletes*, and she'll share with us what it's like to be a sports dietitian. Registration is filling up so don't forget to sign up online! Meetings are free for members and include dinner plus 2 CEUs. As always, we will also raffle off a free AND membership to attendees.

On February 1, elections began for our national leadership in the Academy of Nutrition and Dietetics (AND). You have a chance to influence the future direction of the Academy, so don't forget to cast your vote. By the way, two of the candidates are from Ohio so be sure to consider these folks when deciding who to support. They are: Hope Barkoukis, running for Director-at-Large, and Ainsley Malone, running for Nominating Committee National Leader (Ainsley also spoke on *Hospital Malnutrition* at the November GCDA meeting). If you're a member of the Dietetics in Healthcare Communities DPG, we also have Ohio's Suzanne Cryst running in that election.

To vote, go to www.eatright.org/elections.

In other national news, the **2015 Dietary Guidelines for Americans** were finally released! If you haven't memorized them yet, don't worry. GCDA has you covered. Watch for an upcoming member meeting to include a presentation on the new guidelines, and what RDNs/NDTRs need to know.

Finally, I hereby invite one, two, five, or **fifty** GCDA members to attend Ohio's Legislative and *Public Policy Day on Wednesday, April 13, in Columbus.* The GCDA will cover transportation and attendance fees for **seriously interested** members. So, if you're serious about legislation, send an email to gcda@eatrightcincinnati.org and tell us why you want to attend!

As you can see, there are so many great things happening with GCDA this year. Aren't you glad to be a member?

I hope to see you at the February meeting!

Suzanne

GCDA Board Members, Elects and Committee Chairs for 2015-2016:

back L to R:
Meghan McNeill—COPI Elect
Cynthia Blocksom—Legislative & Reimbursement Chair
Miranda Fisher—Student Member representative
Alli Bokenkotter—National Nutrition Month Chair and Diversity Chair
Sarah Borman—COPI, and Website (OAND) Chair
Jamie Unkle—DTR Member
Lyndon Davis—Policies and Procedures Chair
Monica Smith—e-Newsletter Editor & Historian

Front L to R:
Jessica Zaccagnini—Secretary
Jason Roberts—Past President & Officer Selection, Website Chair (GCDA)
Suzanne Summer—President
Patricia Becker—Membership, Journal Club-East Chair
Irmalis Flores—Treasurer

Not Pictured: Alison Cassin, Secretary-elect; Diane Dew, president-elect; Lisa Andrews, PR/Social Media Chair; Sharon Behne, Awards/Scholarship Chair; Betsy Oriolo, list-serve manager; and Lois Smith, Journal Club West chair.

Sarah Borman, Council on Professional Issues Chair (COPI) 2015-16

Meet the 2015-2016 GCDA Board

Mark Your Calendars!

UPCOMING 2015-16 GCDA MEMBERSHIP MEETINGS

Wednesday, Feb 17, 2016 — Fitness and Sports Nutrition
5:00pm-7:30pm, at UC Reading 2180 East Galbraith Road Cincinnati, OH 45215

Speaker: Michele Macedonio, MS, RDN, CSSD, LD
Dietitian for the Cincinnati Reds

2 CEU's will be provided for this event and a light dinner will be served.

FREE for GCDA Members. $20 for non-GCDA members and $5 for non-GCDA students. Payment can be accepted at the event.

One Academy of Nutrition and Dietetics (AND) Membership will be given away to one lucky GCDA member that attends the meeting!

More information and online registration: *Fitness and Sports Nutrition presented by Michele Macedonio, MS, RDN, CSSD, LD dietitian for the Cincinnati Reds*

April 2016 — The 2015 Dietary Guidelines for Americans
Date & Time TBD

GCDA Board Updates

GCDA Diversity News

Alli Bokenkotter, BS
Diversity/National
Nutrition Month Chair

GCDA Members Lisa Andrews and Alli Bokenkotter, UC Dietetic Intern will be doing a lunch and learn panel discussion with students from Hughes high school STEM Program about exploring the field of dietetics.

Also—GCDA has applied for a Diversity grant from AND, we are still waiting to hear if we will receive it!

RDN Day

The first Registered Dietitian Day was celebrated in 2008.

Wednesday, March 9 has been designated Registered Dietitian Nutritionist Day in 2016. ***Happy RD Day!***

Treasurer Report

Irmalis Flores, Treasurer

No report at this time.

Honors, Awards & Grants

Sharon Behne,
Awards & Scholarships
Committee Chair

The Academy of Nutrition and Dietetics offers awards, honors and grants to recognize individuals within the profession on a national level as well as at the affiliate level.

Awards for 2016: *We have four OAND winners for 2016!* *See page 4 for the winners!*

Thanks to all who nominated your fellow Registered Dietitians who make a difference every day. It is great to be able to recognize their hard work and dedication to the practice of dietetics and the communities they serve and to have a great Cincinnati presence at OAND!

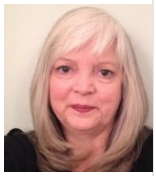
Contact Sharon at sharon.behne@usfoods.com with any questions.

Social Media

Did you know GCDA had a Facebook page? "Like" us for GCDA news and info!

Membership

Patricia Becker,
Membership Chair



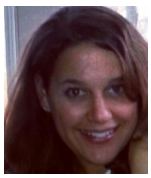
Current members as of February 2016:
255 Total Members

Academy Active Member 195
Academy Active Technician 5
Active student 65
50 year member 3
Retired member 5

Membership for 2016-17 will be available in MARCH online!
NEW MEMBER PROMOTION will be available. Renew at *www.eatrightcincinnati.org*

Listserve

Betsy Oriolo,
GCDA Listserve
Manager



If you have a job posting or event announcement please email GCDA at:
GCDA@eatrightcincinnati.org

The listserve is checked every 1-2 days. Thank you!

Congratulations to GCDA Award Winners!

2015-2016 GCDA MEMBER AWARD WINNERS!

What an honor it is to recognize our terrific professionals! We thank them for their dedication and hard work. Show your support by cheering them on at the OAND Annual Conference, May 13, 2016 at the Sheraton Capitol Square in Columbus, Ohio.

Cindy Stegeman, *OAND "President's Award"*

OAND Highest Award to honor OAND member for outstanding and sustained professional leadership and personal contributions to OAND.

Cynthia Blocksom, "Member Merit Award"

The Member Merit Award is given in recognition of meritorious service beyond usual or expected performance to the District and/or State associations.

Sarah Borman, "Young Registered Dietitian of the Year"

To recognize the competence of young dietitians who have made significant contributions to the dietetic profession through various activities and to encourage their continued participation in association affairs.

Elizabeth Vennefron,"Outstanding Dietetics Student"

To recognize the emerging leadership and achievement of students in CAADE accredited and approved dietetic education programs and encourage their participation in the Academy of Nutrition and Dietetics

Congrats to *Michele M. Gottschlich, PhD, RD, LD, CSP, CCRP for publishing the following articles in 2015*:

Gottschlich MM, Mayes TM, Khoury J, Kagan RJ. Clinical Trial of Vitamin D2 versus D3 Supplementation in Critically Ill Pediatric Burn Patients. J Parent Enter Nutr 2015: Jun 9. pii: 0148607115587948. [Epub ahead of print]. Selected for A.S.P.E.N.'s monthly "Media Alert."

Mayes T, Gottschlich MM, Khoury J, Kagan RJ. An Investigation of Bone Health Subsequent to Vitamin D Supplementation in Children following Burn Injury. Nutrition in Clinical Practice, 2015;30:830-837.

Stockmann C, Spigarelli MG, Healy D, Gottschlich M, Buterbaugh W, Kagan R, Balch A, Sherwin CMT. Application of a Method Used to Deconstruct a Single Dose Pharmacokinetic Profile from Multiple Dose Data. Biopharmaceutics & Drug Disposition. 2015;36:405-409.

Cronin S, Gottschlich MM, Gose L, Kagan RJ. Retrospective Examination of the Effectiveness of Zolpidem for Sleep in Pediatric Burn Patients with Attention Deficit/Hyperactivity Disorder. Pediatric Nursing,2015;41; 132-134.

Stockmann C, Gottschlich MM, Healy D, Khoury JC, Mayes T, Sherwin CMT, Spigarelli MG, Kagan RJ. Relationship between Zolpidem Concentrations and Sleep Parameters in Pediatric Burn Patients. J Burn Care Res 2015;36:137-144.

Mayes T, Gottschlich MM, James L, Allgeier C, Weitz J, Kagan RJ. Clinical Safety and Efficacy of Probiotic Administration Following Burn Injury. J Burn Care Res 2015;36:92-99. Yangzom N, Gottschlich MM, Ossege J, Wangmo T, Kagan RJ. The Effect of Diphenhydramine on Sleep in Pediatric Burn Patients: A Secondary Analysis. J Burn Care Res. 2015;36:266-271.

Local GCDA Dietitians in the News

Lisa C. Andrews, Media Chair

Lisa C. Andrews of Sound Bites Nutrition did a few segments on varying nutrition topics this past fall.

Click on the underlined link to read the story!

January 11th, Fox 19 New Dietary Guidelines for Healthy Living

December 23rd, Fox 19 1 chicken, 5 meals

December 13th, Fox 19 Holiday Appetizers: Mediterranean Layer Dip

December 2nd, Fox 19 Holiday Appetizers: Pesto Hummus

November 5th, Fox 19 Eat This & Not That Holiday Swap: Trim the Treats

Congratulations to the following RDs:

Onaney Ortiz has been a regular guest as part of the Mercy Health Minute on WDBZ 1230 AM with Lincoln Ware (the Buzz). She is featured as the Mercy Health CNM. Onaney is there every two weeks discussing various nutrition topics.!

Michele M. Gottschlich, PhD, RD, LD, CSP, CCRP was featured in the Enquirer on December 24th, Evendale, Princeton Schools Collaborating on SRTS Plan

***If you have been in the news, please share it with us!** Email it to Lisa at *lisa@soundbitesnutrition.com*

Lois Smith, Journal Club West

Patricia Becker, Journal Club East

GCDA Journal Clubs: West & East

Journal Club is a *FREE* benefit of GCDA membership where presenters earn continuing education credit.

Prior to the Journal Club meeting, an article from a previously approved bibliography is read. At the meeting, a brief summary is presented, with discussion following. Meeting days and times can vary depending on the needs of the group.

Two CPEs requested per meeting.

New members wanted!

Journal Club West

Meetings are held near Drake Hospital in Hartwell at 8128 Woodbine Ave., Cinci, 45216

- The next Journal Club West is **Tuesday, March 8th, 7-9pm**.
- Topic: Sarcopenic Obesity

There will be at least one more spring date as well TBD.

For articles and information, please contact Lois Smith at *loissmith417@gmail.com*

Journal Club East

Meetings are held at the Hyde Park Library

- The next Journal Club East is **Thursday, April 7, 5:30-7:30pm.**
- The topic is Book Club style. "In Defense of Food" by Michael Pollan
- See flyer on next page.

Please RSVP by April 1st to Patricia Becker at *patricia.becker@cchmc.org*

Journal Club East Book Review

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Greater Cincinnati Dietetic Association

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Journal Club East
Book Review: In Defense of Food by Michael Pollan

Date/Time: Thursday April 7, 2016. 5:30 pm – 7:00 pm
Location: Hyde Park Public Library / Provides 2 CEU's, Target audience: RD's & DTR's
RSVP by April 1, 2016 to Patricia Becker @ patricia.becker@cchmc.org

Learning Objectives: at the end of the review participants will be able to …

1. Discuss the credibility of the author
2. Discuss how nutrition science affects nutritional status of public.

If you would like to attend, please read the book and review the new Dietary Guidelines. Consider the following questions.

1. **What is nutritionism?**
2. **Are the premises related to nutrition science and research that the Author relates accurate? Why or why not?**
3. **Are the Dietary Guidelines based on Science? Credible?**
4. **How do we as nutritionists help the public understand these different points of view?**

One of our GCDA member benefits are our 2 Journal Clubs, one on the east side and one on the west side.
We have chosen to review a book related to the current food culture and plan to discuss its accuracy – relevance – how the registered dietitian might approach the media and the public on such issues.
Please plan to join us.

Journal Club East Coordinator: Pat Becker MS RDN CSP CNSC
919-308-6903 / Patricia.becker@cchmc.org

March is National Nutrition Month & RD Day!

eat right. Academy of Nutrition and Dietetics

SAVOR THE FLAVOR OF EATING RIGHT

NATIONAL NUTRITION MONTH® 2016

Alli Bokenkotter, BS, UC Dietetic Intern Diversity & National Nutrition Month Chair

For National Nutrition Month, GCDA member Jessica Zaccagnini, will be posting 31 tips or facts for NNM via twitter and Lisa Andrews will be posting on facebook. Please follow or like the page. *Twitter is @EatRightCincy*, Facebook is Greater Cincinnati Dietetic Association. The theme for NNM is Savor the Flavor of Eating Right also we will be using the *hashtag #NationalNutritionMonth*.

In the works...

- "Ask an RD" Booth—GCDA Board members suggested we contact local farmers markets and ask to set up a "Ask an RD" booth for a couple hours. Individuals can come up and ask an RD any questions.
- Free Store Food Bank—GCDA wants to also give back during NNM this year. We are going to aim to get about 15 people (board members and open to members) to go to the FSFB and assemble power packs for low income children, most likely on a Saturday morning. Date/time TBD. More to come!
- We have another event planned with Hughes HS in March, as well as a presentation to UC college students in the "exploring careers in the health field" class. These diversity outreach events are for National Nutrition Month.
- If you would be interested in helping out with either venture, please contact Alli at *alli.bokenkotter@gmail.com*.

GCDA Student Members' Section

STUDENT MEMBERS' SECTION

Students! This area of the newsletter is for you!

Requests, comments or anything that you would like other students or GCDA members to know about! The next Newsletter will be in April.

Let Miranda Fisher, our GCDA Student Member representative know at *fishemd@mail.uc.edu*

Miranda Fisher, GCDA Student Representative

Fall GCDA Member Meetings

Thank you to our panel of speakers at the first membership meeting of the year **— To Specialize or Not to Specialize?** at the UC Reading campus on Tuesday, September 29, 2015. We had a great turn out! Here is the list of our panel (in no particular order):

CDE: Certified Diabetes Educator - Candice Jones
CSO: Board Certified Specialist in Oncology - Tammy Ward
CSSD: Board Certified Specialist in Sports Dietetics - Ashley Meuser
CSP: Board Certified Specialist in Pediatrics - Amy Reed
CSR: Board Certified Specialist in Renal Nutrition - Christine O'Connor and "CSR-Eligible" Lisa Sorn
CSG: Board Certified Specialist in Gerontological Nutrition - Karen Fleming
FAND: Fellow of the Academy of Nutrition and Dietetics - Cyndee Stegeman
DTR->RD: Registered Dietitian - Mindy Krumdieck
CNSC: Certified Nutrition Support Clinician - Amy Sapsford
Weight Management Certification - Kim Houk (speaking at right).

Congrats to GCDA members Katie Stegeman and Cyndee Stegeman! Katie won an AND membership and Cyndee our raffle basket at our 9/29 meeting.

Fall GCDA meeting on Tuesday, November 17, 2015 with guest speaker Ainsley Malone presenting on Malnutrition. Below, Ainsely posing with GCDA president, Suzanne Summer and COPI Chair, Sarah Borman.

Alli Bokenkotter representating the GCDA Booth at the CDCRN Fall Renal Symposium on November 13, 2015.

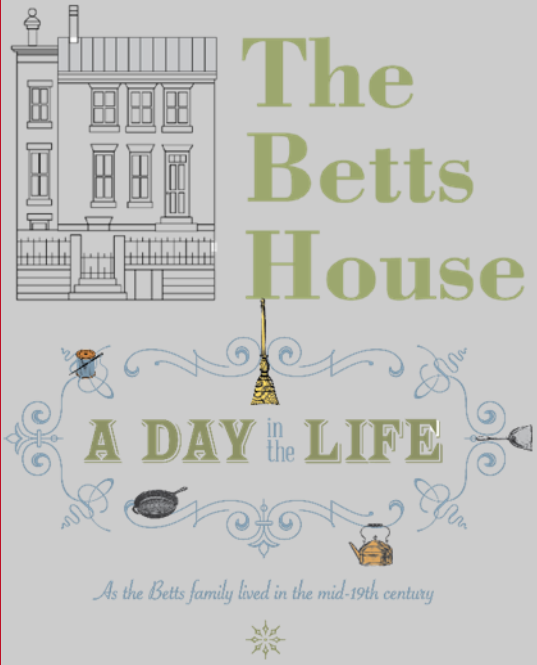
Public Policy Advocacy Day

There is probably no better place to learn about how to understand the issues and to advocate for the dietetics profession than at the *26th Annual Legislation & Public Policy Advocacy Day held at the Verne Riffe Center in Columbus on April 13, 2016 from 8am-4pm.* At this one day event, Ohio dietitians come together to share their perspective on the importance of grassroots advocacy, help translate current or pending legislation and issues into understandable components, exchange ideas and share strategies with colleagues. This experience not only takes the fear out of, but offers the opportunity to speak directly with elected officials. Dietitians learn that they can be effective advocates and how powerful their involvement can be. Registration can be made online at *www.eatrightohio.org* or by using the form in this newsletter (on the next page).

Registration is only $30 and includes lunch. I would be glad to provide free transportation for seven additional GCDA members. For more information and possible carpooling, contact Cynthia Blocksom, at 513-374-7453 or blocksom@zoomtown.com.

By Cynthia Blocksom, GCDA District Legislation Public Policy & Chair.

The Betts House Exhibit



"A Day In The Life…Mid-19th Century Daily Life for the Betts Family" Exhibit

For much of 2015, a research team of 7 dietitians had been working on a historical food/cooking and domestic life exhibit at the Betts House museum. This exhibit will be open from January 16-May 14, 2016.

The dietitian research team included:
Chairperson: Cynthia Blocksom, MEd., R.D., L.D., MCHES, FAND
M. Kathleen Allen, MEd., R.D., L.D.
Melanie Hunt, MEd., R.D. (Retired)
Barbara Neumann, MEd., R.D., L.D.
Mary M. Nyktas, MEd., R.D., L.D., C.L.T.
Pat Selmeier, MEd., R.D., L.D.
Cathy Schneider, R.D., L.D. (Retired)

The Betts house, built in 1804, is Ohio's oldest brick house and is located in the Betts-Longworth Historical District near downtown Cincinnati. If you are interested in visiting the Betts House, it is located two blocks west of Music Hall at 416 Clark Street. The house is open Tuesday through Thursday, 11am–2pm and the second and fourth Saturdays of each month, 12:30-5pm. Other days and times are available by appointment. *The admission price of $2 per person has been waived for GCDA members (mention you are a member at the door).* Visit www.TheBettsHouse.org for more information, call 513-651-0734 or email *info@thebetshouse.org*.

Visit the Betts House for FREE.

The admission price of $2 per person has been waived for GCDA members (mention you are a member at the door)!

OHIO ACADEMY
of Nutrition and Dietetics

26th Annual
Legislation & Public Policy Advocacy Day

Workshop will be held on Wednesday, April 13, 2016
8:00 am – 4:00 pm

Workshop Location
Vern Riffe Center for Government and the Arts
77 South High Street, Columbus, Ohio

(The Vern Riffe Center is located on High Street directly across from the State Capitol. It is a high-rise building on the corner of State and High Street.)

The Workshop will be held on the 31st floor.

Parking
1. Parking under the State Capitol Building
2. Parking garage on Front Street

A map and directions will be sent with confirmation.

Overnight Accommodations
Please check the appropriate box on the registration form if you would like information regarding local hotels.

PROGRAM OF THE DAY
31st Floor – Vern Riffe Center
Wednesday, April 13, 2016

Tentative Agenda. The agenda is subject to change depending on the current legislative issues.

8:00 – 8:30	Registration and Coffee NOTE: Please be on time so that you have the information you need to visit your legislator or aide!!! Allow plenty of time for parking
8:30 – 10:30	Welcome Briefing on State Legislative Issues Ohio Board of Dietetics – Licensure Issues
10:30 – 11:30	Meet your legislator(s) or the legislator's aide Statehouse – Senators Vern Riffe Bldg – Representatives Discuss State Issues
11:30 – 1:00	Lunch with Legislators and State Agency Leaders
1:00 – 2:30	Report legislator/aide's concerns and questions Federal Legislative Issues Summary and Evaluations
2:30 – 4:00	Statehouse – attend session and/or hearings

CPE-2 Continuing Education credit (5 hours) has been requested from the Commission on Dietetic Registration. Certificates for Professional Development Portfolios will be available.

Program approved for 1 Jurisprudence CPEU credit – Ohio Board of Dietetics

PROGRAM OBJECTIVES

At the close of the workshop, the dietetic professional will have:

- Current information on nutrition – related legislative and regulatory issues which impact the dietetic professional in Ohio.
- Current information on licensure issues in Ohio.
- Up-to-date information on Federal legislative issues affecting dietetics.
- Increased confidence in his/her ability to advocate on nutrition issues with legislators and other policy makers.

Workshop Fees (includes lunch):

OAND Members	$30.00
Students/Dietetic Interns	$30.00
Non-Members	$75.00

Registration Deadline
Please register by April 1st in order to receive pre-meeting instructions for scheduling a meeting with your legislator(s).

Registration is limited to 90 participants.

Be sure to list your **home** address on the registration form.

26th Annual Legislation & Public Policy Advocacy Day
Registration Deadline: April 1, 2016

Name: _____ Please Indicate: ☐ RD ☐ LD ☐ DTR ☐ Intern ☐ Student What Program _____
(as it will appear on name badge)

Home Address: _____

City, State, Zip _____ County _____

Phone _____

Email _____

Check here for hotel information ☐

Workshop fee (includes lunch) ☐ Registration fee enclosed (Make checks payable to OAND)

OAND Member $30 _____ ☐ Charge $_____ to ☐ VISA ☐ Mastercard

Student/Intern $30 _____ Card # _____

Non-Member $75 _____ Credit card billing address _____

Total $_____ Zip code _____ Expiration Date _____ Vcode _____

Signature _____

Return payment and this form to:
Ohio Academy of Nutrition and Dietetics
96 Northwoods Blvd, Ste B
Columbus, Ohio 43235
Phone (614) 436-6131; Fax (614) 436-6181
Email jeannine@eatrightohio.org

OHIO ACADEMY
of Nutrition and Dietetics

96 Northwoods Blvd., Ste B
Columbus, OH 43235
Phone (614) 436-6131
Fax (614) 436-6181
Email jeannine@eatrightohio.org
Web site www.eatrightohio.org

OHIO ACADEMY
of Nutrition and Dietetics

26th Annual
Legislation & Public Policy Advocacy Day

Register online at www.eatrightohio.org

Sponsored by:
The Ohio Academy of Nutrition and Dietetics in cooperation with The Ohio Board of Dietetics

Mark Your Calendars, More CPE Opportunities!

What Can We Do to Eliminate Racial Disparities in Breastfeeding and Infant Mortality?

April 19, 2016

Cincinnati Children's Hospital Medical Center

REGISTER TODAY!

www.cincinnatichildrens.org/breastfeeding-conference

Featured Speaker

Dr. Michal Young

Associate Professor, Department of Pediatrics and Child Health at Howard University College of Medicine; Medical Director of the B.L.E.S.S. Initiative; Director of the NICU and Newborn Services, at Howard University Hospital

Cost is $20 for all attendees.

See the attached document for detailed information about this opportunity.
Full agenda available at registration link.

Maintenance of Certification (MOC):
Approved by the American Board of Pediatrics as a part 2 activity for General Pediatrics MOC

Physician Credit
Cincinnati Children's Hospital Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.
Tuesday, April 19, 2016 has been approved for *AMA PRA Category 1 Credit™.*

Nursing Credit
Contact hours will be awarded to nurses who attend the entire program and complete an evaluation tool. Cincinnati Children's Hospital Medical Center (OH-046, 9/1/2018) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approved by the American Nurses Credentialing Center's Commission on Accreditation.

Lactation Consultant Credit
CERPS will be offered

Social Work and Counseling Credits Pending

"**Registered Dietitians** can claim either CME Non-Physician Attendance credit or CERPs credit and apply the credit towards their PDP Learning Plan." Both are offered.

Questions? Contact Dr. Julie Ware at julie.ware@cchmc.org

Mark Your Calendars, More CPE Opportunities!

JOIN US!

March 16, 2015
10:00 a.m. to 5:00 p.m.
Sharonville
Convention Center

What's Cookin'?

Spring Food Show 2016

Seminars & Demonstrations

8:30 a.m.- 11:30 a.m.
2016 HEALTH DEPARTMENT UPDATES AND REQUIREMENTS
Speaker: Tucker Stone, R.S., Hamilton County Health Department
AFNP - Prior approval requested for 3 Sanitation CEU's - Dietary Manager's
A.N.D - 3 CEU"S - RD's & DTR's.

12:30 p.m. - 12:45 p.m.
FUNCTIONAL GARNISHING "MAKE YOUR PLATE A 10!"
Speaker: Chef Ryan Miller, MBA
Executive Chef & Director of Culinary Services. Colonial Seniors
AFNP - Prior approval requested for .75 CEU - Dietary Manager's
A.N.D - 1 CEU- RD's & DTR's.

1:15 p.m. - 2:00 p.m.
"THE SECRET OF AWARD WINNING ENTREES!"
Chef William Bozarth, Food Service Director, Lodge Retirement Community
AFNP - Prior approval requested for .75 CEU - Dietary Manager's
A.N.D - 1 CEU - RD's & DTR's.

If applicable you may be eligible to count up to 5 CEU's for foodshow.

Reply with your organization to cyocum@ellenbee.com

GCDA Board Members Needed

GCDA BOARD MEMBERS NEEDED

Have you ever thought about planning member events? Enjoy working with finances? Like organizing and working in groups? We have a board position for you!

The GCDA board is looking for new members. We are looking for energetic, self-motivated individuals who would like to be apart of our dynamic team and continue to move GCDA forward. We have a variety of positions available to fit your skill set. Are you uncertain if you have the appropriate experience or has it been a while since you have been active with GCDA? Nothing to worry about, we provide on the job training that will quickly bring you up to speed. Here are the positions we have available:

- President-elect
- COPI-elect
- Treasurer-elect
- Membership Chair-elect
- Secretary-elect

Contact our Nomination Chair, Jason Roberts at *jason.daniel.roberts@gmail.com* for questions or further information. Please feel free to nominate your colleague, friend or yourself by **deadline of 3/7/16.**

NEW Member Promotion

Take advantage of GCDA's NEW Member promotion starting in March!

gcda

Greater Cincinnati Dietetic Association

NEW Member Promotion!*

Do you know someone who is thinking of joining GCDA… tell them why wait? They can start taking advantage of GCDA member benefits today!

We are currently running a promotion that will allow NEW members to join us right now for the *remainder of the 2015-2016 year AND for the 2016-2017 year, for the cost of 1 years' membership!*

By joining now, you will gain access to GCDA's "members-only" emails (job postings, special event announcements, etc.), as well as free attendance at our remaining Spring membership meeting. Plus, networking opportunities for 2015-2016 AND 2016-2017 membership years!

Join GCDA right now for the remainder of the 2015-16 year & for the 2016-2017 year, for the cost of only one years' membership!

Click here to view all the benefits of becoming a GCDA member and to fill out your application. We hope you will join us and spread the word to co-workers and friends to help them take advantage of this great deal and benefit!

**Must be active Academy of Nutrition & Dietetics (AND) member, only available to new members and those that will be in the same membership category next year.*

If any questions, please contact *Patricia Becker, Membership Chair Membership Chair at patricia.becker@cchmc.org.*

**New Member Promotion begins in March online at www.eatrightcincinnati.org*